**Open Doors: Emotions in Music Sensory-Friendly Performance Guide**

**Date:**  Saturday, April 25<sup>th</sup>  
**Time:**  2:00-2:50pm – Pre-Concert Activities (in the hall)  
3:00-4:00pm – Concert  
**Cost:**  $12, general admission to choose whichever seat makes you comfortable. Tickets will be fully refundable for guests who purchased ahead of time and feel they can not make it to the concert on April 25<sup>th</sup>.  
**Location:**  The Kroc Center Hampton Roads  
1401 Ballentine Blvd  
Norfolk, VA 23504  
**Venue:**  [https://krochamptonroads.org/](https://krochamptonroads.org/)

**Description of Show**

Explore the many ways music makes us feel and helps us understand our emotions during this one-hour chamber music performance. The musicians will speak about how each piece makes them feel or inspires them, while board-certified music therapists from Tidewater Music Therapy assist participants in activities to engage their own emotions and creativity.

- **Pre-Concert Activities:** Pre-concert activities will include a variety of crafts and participatory activities aimed at stimulating the senses in a variety of ways. Attendees will be able to choose the activities most appropriate for their preferred levels of sensory stimulation.
  - Organizations participating in the pre-concert activities will include:
    - Tidewater Music Therapy
    - And more!

- **What to wear/bring:** There is no official dress code for this performance, so feel free to wear whatever makes you feel the most comfortable. Along with your tickets and personal items, we allow any electronic devices needed for accommodation purposes throughout the hall. During the performance we ask that the volume is turned low and to be conscious of the volume while pieces are being performed. These devices may not be used for taking flash photography or audio/video recording purposes.

- **Quiet Space:** There will be a quiet area available for patrons to use at any time during the performance.
• **Performance Modifications**: House lights will remain on during the performance and audience members are welcome to leave and re-enter the hall at any time during the performance. The pieces selected for this performance include those with smooth transitions and an even flow between energetic, and calm and relaxing. There will be a range of seating options available including chairs, cushions, and carpets.

**Accessibility Services and Accommodations**
- Handicap Parking is available in the parking lot.
- Large print programs will be available for this performance.
- An American Sign Language interpreter will be provided upon request. Requests must be made by Friday, April 17th.
- Communication Access Real-Time Translation (CART) captioning will be available upon request. Requests must be made by Friday, April 17th.

**Photography and Videos**
During your visit, you may be photographed by staff of the Virginia Symphony Orchestra, our contract photographer, or the media. For more information, please review our crowd release policy.

If you have any questions while at The Kroc Center of Hampton Roads, please see one of our trained ushers, volunteers, or staff members. We will be ready to assist you at any time during the lobby activities and performance.

*Please visit [https://virginiasymphony.org/open-doors/](https://virginiasymphony.org/open-doors/) for more information.*