



## Practice Structure and What to Practice

*with Everett Burns*

### What to Practice

- Set some goals to work towards
  - Choose a few specific skills that you want to improve upon
- Keep up your fundamentals so you don't fall behind
  - Etudes—be sure to diversify your etude selections
- Look ahead for repertoire you know that you will play in the future
- Find ways to have fun!
- Listen to LOTS of music
  - Try to emulate some of what you hear in your own playing

### Structuring Your Practice Time

- Block of a specific amount of time where you are 100% focused on practicing
  - Break up into chunks with a break in between—try it by using a timer to help stay focused

For more videos, please visit <https://virginiasymphony.org/learninglab/>